



What is NAMI Ending the Silence for Families?

NAMI Ending the Silence is a free mental health education presentation for parents to better understand the signs and symptoms of emotional and behavioral difficulties that may be early warning signs of a mental health condition. Presentation is given by a parent with a child/adult living with a mental health condition and a young person in recovery who shares their lived experience.



Did you know?

- 1 in 5 kids experience a mental health condition, but only 20% of them actually receive services.
- About 50% of students ages 14+ with a mental health condition will drop out.
- Suicide is the second-leading cause of death for 15-24 year olds.

Contact us to schedule this presentation.

Sharon McCarthy
Executive Director
NAMI Westchester
914-592-5458
sharonm@namiwestchester.org

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Westchester is an affiliate of NAMI NYS.